



Moving Squad of South Florida
www.MovingSquad.com
(888) 597-7823

DID YOU KNOW:
1 IN 5 CHILDREN IN FLORIDA
ARE FOOD INSECURE.

HELP US MAKE A
DIFFERENCE IN 2018



DONATE YOUR FOOD WHEN YOU MOVE



Are you moving?
Set aside your unopened,
non-perishable food items.



Our crew will pack up your
food and deliver it to the
local food pantry.



From there, your donations
will be sorted and delivered
to local families in need.

WE PROUDLY SUPPORT MOVE FOR HUNGER



WHAT TO DONATE?

Pasta/Sauce, Baby Food, Baby Formula, Dry Beans,
Flour, Cereal, Oatmeal, Juice, Rice, Peanut Butter &
Jelly, Crackers, Cookies, Canned: Vegetables, Fruits,
Stews, Soups, Beans, Tuna, Meat.

For more information visit: www.MovingSquad.com/Move-for-Hunger